



“Curing your mate (gourd)”

The purpose of “curing” a gourd is to prevent it from breakage when pouring the hot water during use. Wood expands with water and contracts when dry therefore you have to treat your gourd to prevent any breakage.

How to cure a gourd?

- Put one or two spoons of yerba mate in your gourd and fill (to the top) with warm water from the tap (not hot) leave it overnight
- The next day drain the water (do not throw the yerba mate out) add another tea spoon of yerba mate and fill the gourd with hot water from the tap. Leave it for the rest of the day.
- At night (or the next morning) heat water in your kettle (turn it off 1-2 minutes before boiling) and add the water to the gourd, leave it for a day. After this you can wash it with water and it is ready to use!

To keep your gourd nice and shinny, we recommend once a year to apply some oil to the outside to nourish the pumpkin and wood.

Remember that throughout the life of your mate you must be careful of the temperature of the water that you put in it. If it is too hot to drink, then it is probably too hot for the mate as well!!!

