



looking after your gourd (mate)

Make sure your gourd has been already cured*

The first time you are going to use your gourd, pour tap water first and let it sit for a few minutes, then use as indicated.

If not using for a long time (2 weeks or more) do not leave yerba mate sitting on it. After use Wash, and pour every once and Again some tap water with a tea Spoon of yerba mate to keep the wood of the gourd hydrated.



NEVER USE BOILING WATER when drinking yerba mate.

Water temperature should be at around 70-80 C.

*Most of Pachamama gourds have been already cured for instructions on curing mates please check our website:

www.pachamama.co.nz